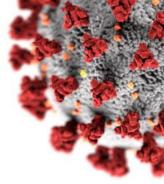


SAFETY GUARANTEED HM HOSPITALS GROUP TEST SARS COV 2 (COVID-19) Information for non healthcare professionals

hm hospitales



Managing a patient asymptomatic who requested having a Sars Cov 2 test at HOME OR AT WORK



HM Hospitales, in accordance with current legislation and the current and constantly updated state of science, designs this **protocol that offers the possibility of establishing diagnostic plans in work/studyplaces to identify asymptomatic person infected and, therefore, with the ability to infect third parties** and to know the immunological situation of the group. This procedure makes it easier for the medical services of companies and their managers to adopt the **necessary organizational and preventive measures to prevent the spread of the COVID-19.**

The diagnosis of COVID-19 infection is based on the clinical history, radiological tests and analytical tests. The dirección of viral RNA by the RT-PCR technique is confirmatory of COVID-19 infection. The presence of antibodies, IgG and IgM, provides information of the evolutionary status of the infection and makes it posible to know the immunological status of the worker against COVID-19.



Medical follow up

- If the patient is tested positive our medical team will contact you.
- Until the results are ready the patient must remain isolated.
- In case there is a positive case we will inform to the public health authorities.
- Our doctors will do a follow up to the patient during the quarentine.
- Emergency medical service is available in case of serious symptoms.
- Main Health provider: Hospital universitario HM Madrid
- HM hospital international patient offer all type of medical specialties.
 hours a day

365 days per year

hm hospitales

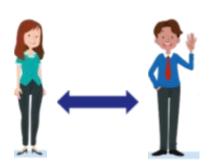
Recomendations for home isolation in COVID-19 cases

Recomendations at the place of hm hospitales



Stay at home, avoid going out of the isolated room.





Use your own bathroom. If it is shared it should be cleaned after every use

Avoid distances of less than 1 meter

Recomendations at the place of hm hospitales



Keep hand hygiene products in the room



Avoid visits



Have a pedal bin in the room.

How to prevent contagion





When sneezing, cover up with a disposable tissue

Throw it to the bin

Wash your hand with water and soap

How to prevent contagion





Do not share personal utilities



Use a mask when using common spaces



Clean objects and surfaces daily with disposable cloths and bleach after each use

For the ones taking care of the infected



Use gloves for any contact with secretions

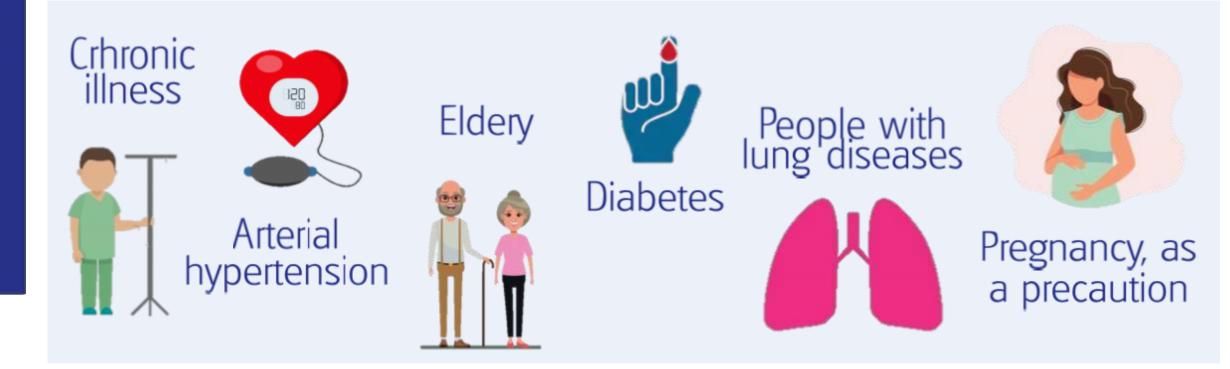
Use a mask when using common spaces

Wash your hands if you are in contact with an infected object, surface, or person, even if you wear gloves.

For the ones taking care of the infected



Caregivers will perform self-monitoring of possible symptoms and should not present the following risk factors.





If you have any symptom as

General discomfort, fever, cough or

breathing difficulties

You might be infected

SINCE MAY 2020 ALL OUTPATIENTS CONSULTATIONS AND FACILITIES OF HM HOSPITALES ARE SAFELY OPENED.



SPECIAL CIRCUITS FREE OF COVID 19 ARE BEING PROVIDED. ALL SAFETY PROTOCOLS ARE DAILY REVIEWED.

INTERNATIONAL PATIENT FEEL SAFE AND WELL CARED BY OUR INTERNATIONAL DEPARTMENT.





hm hospitales

We are EVERYONE'S Health

International Patient

We manage any medical insurance Personalized international assistance 24/7



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